

# 40 Hour Challenge

World Vision

19-21 JUNE 2026



# YOUTH ORGANISER

GUIDE



**JOIN THIS YEAR'S**

World Vision 40 Hour Challenge to help ensure children like Praynia have enough nourishing food to grow up healthy and strong.

Meg and Emma Grace, 2026 World Vision Youth Ambassadors, and Praynia.



# WHY



For many children in Solomon Islands, getting enough food is no longer a simple thing. Ten-year-old Praynia (Pree-na) lives with her family in a remote coastal village where communities have always lived off the land, relying on their gardens and the sea for all their food.

But today, that food is harder to count on. Rising seas are flooding gardens, and crops are becoming less predictable. Praynia sees the adults in her community worry as vegetables grow smaller and fishing takes longer because the fish are moving further

from the shore. When a cyclone hit her village, it destroyed their crops, making food scarce.

Right now, 1 in 6 children in the Pacific are missing out on the nutritious food they need to grow healthy and strong. Praynia is a top student who loves maths and dreams of becoming a doctor, but for these dreams to become a reality, she needs reliable sources of nutritious food. In response, Praynia's community is taking action, replanting mangroves to protect their homes and bring the fish back. Guided by compassion, World Vision is walking alongside them.



*Niumarere community members, Solomon Islands*

**Through this year's World Vision 40 Hour Challenge, your support will help children like Praynia have enough nourishing food to grow up healthy and strong.**

Your crew's fundraising will give families in Solomon Islands the tools, seeds, and training to grow crops that survive unpredictable harvests and flooding.

We're challenging your crew to go offline for 40 hours to raise funds for children in the Solomon Islands. Whether it's no phone, gaming, internet, social media or even electricity, you can help children in Solomon Islands get the nutritious food they need. 40 hours offline can make a lifelong difference.

**SIGN UP!**



Sign up your Youth Group today!





**SOLOMON  
ISLANDS**

# FAST FACTS

**80% of Solomon Islanders depend on fishing and farming for food and income.**

**1 in 6 children in the Pacific region is living in severe child food poverty.**

**Solomon Islands ranks among the world's most disaster-prone countries.**

**Almost half of kids under 5 in the Pacific suffer from chronic malnutrition.**



## **MEET PRAYNIA**

*(pronounced Pree-na)*

**Praynia loves school. Last year, she won first place in maths and hopes to win it again. She enjoys science and English too, and dreams of becoming a doctor one day.**

**To grow, learn and follow those dreams, Praynia needs good, nutritious food - and enough of it that her family can rely on.**

# HOW

Sign up your  
Youth Group today!



## 4 SIMPLE STEPS



### TO RUN THE WORLD VISION 40 HOUR CHALLENGE

#### STEP 1

##### **RECRUIT A YOUTH LEADERSHIP TEAM**

- **Find 4–8 passionate youth**  
Let them set the vision and take charge!
- **Let us equip them with training**  
Book their WV40HC Planning Workshop  
[schools@worldvision.org.nz](mailto:schools@worldvision.org.nz)
- **Claim your online team page & set a fundraising goal**  
Help your crew break it down: X students  
× \$Y per person = Total Goal!
- **Download free resources**  
Support your youth group's learning.



#### STEP 2

##### **GET YOUTH SIGNED UP FOR THE WV40HC**

- **Make it visible**  
Posters, newsletters, social media, WV40HC videos; how can your leaders spread the word?
- **Make time for signing up**  
For example, a sign-up session at the end of Church one day.
- **Support leaders to speak up**  
The more they share their passion; the more people will sign up!
- **Book a Youth Ambassador**  
Let a school leaver who's met Praynia inspire your crew.  
Contact your World Vision Rep  
[schools@worldvision.org.nz](mailto:schools@worldvision.org.nz)



Johnsonville School went no-tech for a day!



Aarthi, Ari, Emma Grace and Meg,  
2026 World Vision Youth Ambassadors

## STEP 3

### ENCOURAGE SPONSORSHIP & ENERGISE YOUTH

#### ○ Tap into competition

Can leaders rally together gift baskets, or a pizza dinner for participants with the most sponsors?

#### ○ Leaders share their challenge & sponsor stories

When they lead by example, others follow.

#### ○ Host a fun pre Challenge event

An obstacle course or bake sale builds hype!

#### ○ Do the World Vision 40 Hour Challenge 19th-21st June!

Follow @40hournz for more ideas.

## STEP 4



### THANK & BANK

#### ○ Wrap up strong

Encourage a final push for online donations.

#### ○ Bank cash by July 3rd

Every dollar makes a difference to our Pacific neighbours!

#### ○ Book a Thank You Talk

Our team will celebrate your youth group's impact and present awards.

#### ○ Honour your leaders, staff and Church community

They made this happen (and you, thank you!)

# WHAT



This year, we're challenging rangatahi of Aotearoa to raise funds and go completely offline for 40 hours.

A 40 hour sacrifice to make a life-long difference for children like Praynia. Choose something challenging for your crew to switch off from! Maybe it's social media, gaming, the internet or even electricity

How will your community spend their 40 hours offline?

This is your crew's chance to unplug, disconnect and get together with their friends and whānau to do something meaningful!



*Meg, Emma Grace, Praynia, Aarthi and Ari.*

**School leavers Meg, Aarthi, Emma Grace and Ari travelled to meet communities in Solomon Islands last year, where they met Praynia. They are hyped to speak to your crew in Term 2 about their experiences.**

*Caleb Clarke, Rugby Player, 2026 World Vision Ambassador*



# RESOURCES



**EVERYTHING YOU NEED IS FREE AND EASY TO DOWNLOAD AT [40HOUR.ORG.NZ/RESOURCES](https://40hour.org.nz/resources)**

**Videos:** Inspire youth to get involved and show them what positive change they can make in the world.

**Social media assets:** Images and copy you can use to get youth to sign up for their Challenge and reach their fundraising goals.

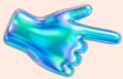
**Posters:** Extra copies for your noticeboards!

**Participant tools:** Fundraising tips, challenge ideas and more.

**Organiser sheets:** Parental consent forms.



*Joel at the A Rocha planting day over the Challenge weekend*



## GET IN TOUCH

You have a dedicated World Vision rep to make running the World Vision 40 Hour Challenge simple, meaningful, and FUN! Email them today to make this the easiest Term Two yet.

**[SCHOOLS@WORLDVISION.ORG.NZ](mailto:SCHOOLS@WORLDVISION.ORG.NZ)**

*KingsWay School's annual fundraising quiz night*



*Ari, Emma Grace, Aarthi and Meg 2026 World Vision Youth Ambassadors*



Resources here!



# WHEN

# 4 Hour Challenge

World Vision

## 19-21 JUNE 2026

WEEK 9, TERM 2



40HOUR.ORG.NZ  
@40HOURNZ  
#40HOURNZ

