

# PARENT/WHĀNAU INFORMATION



## World Vision and the 40 Hour Challenge in New Zealand

Since it started, in 1975, the New Zealand World Vision 40 Hour Challenge has raised more than \$80 million and brought hope to thousands of children living in poverty in more than 40 countries. Each year, thousands of young kiwis participate in the World Vision 40 Hour Challenge. More than 3 million New Zealanders have participated since it began.

The youth focused campaign engages young people with global humanitarian issues and gives them an outlet to make a difference by:

- Providing a simple mechanism for learning about global issues, having fun with friends while fundraising.
- Giving them tools to develop leadership skills, event management and organisational skills.
- For Secondary School students, earning Level 2 NCEA credits by organising the World Vision 40 Hour Challenge.

## How the World Vision 40 Hour Challenge works

Participants sign up online, and commit to doing a challenge for a length of time (often 40 hours) and ask people to sponsor them. This year, we're challenging rangatahi to raise funds and go completely offline for 40 hours to give children in Solomon Islands food for today, and a future for tomorrow. Younger students can choose to do the challenge for a shorter period of time if they prefer. They often sign up as part of a school or youth group team who support them with understanding the global issue they are fundraising for, building a sense of community and practicing helping others.

## How to support your child to do the World Vision 40 Hour Challenge

### Explain the 'why'

Talk to your child about what they are raising money for and why. There is lots of information at [40hour.org.nz](http://40hour.org.nz)

### Make a plan

Set a fundraising goal and remind them to collect a 'My 40 Hour Challenge Book' from their World Vision 40 Hour Challenge Organiser

### Go online – the easiest way to collect sponsorship money

You can raise up to 5 times more by fundraising online! Go to [40hour.org.nz](http://40hour.org.nz) to help your child create an online fundraising profile.

### Decide on which devices to give up

Help your child choose something hard to switch off for 40 hours. Could they go without their phone, social media, gaming, the internet, or even electricity? Then plan how to make the most of their 40 hours offline.

### Get fundraising

Ask your friends and family to donate. Support your child through the World Vision 40 Hour Challenge weekend with words of encouragement or join in yourself!

Find out more and support materials are available at [40hour.org.nz](http://40hour.org.nz)

## World Vision 40 Hour Challenge Consent Form

I give consent for my child to participate in the World Vision 40 Hour Challenge

I do not give consent for my child to participate in the World Vision 40 Hour Challenge

My child will participate in the World Vision 40 Hour Challenge for \_\_\_\_\_ hours

(please tick)

CHILD'S NAME:	DATE OF BIRTH: / /
SCHOOL/ CHURCH/TEAM:	
PARENT/GUARDIAN NAME:	PARENT/GUARDIAN SIGNATURE:
PHONE:	
EMAIL:	