

World Vision
4 Hour Challenge



YOUTH GROUP

RESOURCE



WEEK OVERVIEW

Week 1: What is Justice

Week 2: Living out Justice

Week 3: Climate Justice & Food Insecurity

Week 4: Faith in Action

(Planning for the World Vision 40 Hour Challenge)

WHAT IS JUSTICE AND WHY DOES GOD CARE?

AIM: TO LEARN THAT JUSTICE IS ABOUT RESTORING WHAT'S BROKEN, AND GOD HAS A HEART FOR JUSTICE.



RESTORATION RELAY

Objective: Show that God's justice is about restoring what's broken.

Aim: Be the first team to put all broken items back together.

Materials:

- Pieces of paper with large writing on it, torn into pieces
- Lego structure
- Tangled rope/string
- Puzzle pieces

Steps:

1. Set up four stations for each team with the following items: a torn piece of paper, Lego pieces, a tangled rope/string, and puzzle pieces.
2. Divide the group into teams of 4-5.
3. At the signal, all teams race at the same time. Working together, each team must restore the items at their stations by:
 - Taping the torn paper back together
 - Rebuilding the Lego structure
 - Untangling the rope
 - Completing the puzzle
4. The first team to successfully restore all four items wins.

TEACHING

Justice is about fairness, order, righteousness and making things right.

Linking back to the game: when we did the restoration relay we had to put different items back together - we had to try to restore them.

Biblical justice is about restoring what is broken in the world, just as Jesus did for us on the cross. As Christians we have a role to play in bringing the Kingdom here on earth.

God has a big heart for justice. It's at the core of who God is. (Psalm 89:14).

Jesus' mission on Earth was about bringing restoration to the world (restoring what has been broken due to sin) (Luke 4:18-19).

**"BREAK MY HEART
FOR WHAT
BREAKS YOURS."**

**- BOB PIERCE,
WORLD VISION
CO-FOUNDER**

**READING:
LUKE 4:18-19**



DISCUSSION

Where do you see injustice in the world today?

Where do you see unfairness at school?

How do you think God feels about those situations?

When have you seen someone stand up for someone else?

What injustice annoys you the most?

IMPACT STORY

There are so many amazing stories of justice being restored from across the world. One example is Nancy, from Kenya. Child sponsorship enabled her to stay in school. Both her and her sister were the first two girls to graduate high school from their community. Nancy went on to study at university and get her master's degree. Through education, communities have a pathway to break out of cycles of poverty. This is justice in action, restoring broken a broken relationship between a young person and their access to education.

WATCH NANCY'S STORY

WHAT NOW?

Spend some time in prayer this week asking God to show you some areas of your life you could pursue justice.

WE ARE CALLED TO LIVE OUT JUSTICE

AIM: ANSWER GOD'S CALL IN OUR LIVES TO BE JUSTICE-ORIENTATED AND HOW WE CAN LIVE THAT OUT.

JUSTICE WALK

Objective: Help youth recognise the small ways justice can show up in everyday life.

Aim: Answer God's call in our lives to be justice-orientated and how we can live that out.

Materials:

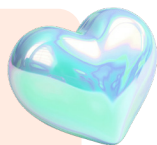
- List of justice prompts

Steps:

1. Have all the youth stand together in a horizontal line.
2. A leader reads out a series of justice prompts.
3. If a youth relates to the prompt, they take one step forward and then return to their place in the line before the next prompt is read.
4. Continue reading several prompts.
5. After the activity, invite students to reflect on the different ways people had experienced or thought about justice.

Prompts:

I've volunteered my time to help others
I've given my resources (money, food, clothes, etc.) to those in need
I've prayed for people affected by injustice
I've heard about an issue of injustice and it made me sad
I've read about how Jesus worked towards justice for people
I've signed a petition before
I've had a conversation with someone about an issue I thought was unjust
I've heard stories about how justice has been restored to communities
I've been to a protest before
I hope to make the world a better place



TEACHING

Last week we talked about what justice is and why God cares about justice. Today, we will explore how God wants our lives to be justice-orientated.

In the Bible God calls us to live out justice (Micah 6:8). When we did the justice walk (activity), we explored how we currently live out justice in our lives and perhaps ways we can pursue it more.

Living out justice is an expression of God's character; when we pursue justice, others see God at work within us. Jesus is an example of living out justice (He healed the sick, defended the outcast, stood up for the oppressed). As followers of Jesus, we are invited to live this out in our own lives. One practical way young people across Aotearoa do this is through the World Vision 40 Hour Challenge, where we come together to raise awareness and support communities experiencing injustice.

READING: MICAH 6:8

DISCUSSION

If you could restore justice in one aspect of our world, what would you choose?

Why do you think it can sometimes be hard to choose justice?

In what ways do you think the World Vision 40 Hour Challenge restores justice in the world?

IMPACT STORY

One of the ways we can live out justice is through advocacy. This means creating systems change, and encouraging public action on issues of injustice. Right now, there are global issues that we can learn about, and take action on from here in Aotearoa.

LEARN MORE HERE



WHAT NOW?

As you go into your week start thinking about signing up for the World Vision 40 Hour Challenge and encourage your mates to as well.

There's no time like now to pursue justice.

JUSTICE AND FOOD INSECURITY

AIM: UNDERSTAND THAT HUNGER AND FOOD INSECURITY ARE JUSTICE ISSUES THAT AFFECT MANY COMMUNITIES AROUND THE WORLD, AND EXPLORE HOW GOD CALLS US TO CARE FOR PEOPLE WHO DO NOT HAVE ENOUGH TO EAT.

FOOD JUSTICE QUIZ

Objective: Help youth understand some key ideas around food insecurity as a justice issue.

Aim: Get the most correct answers.

Steps:

1. A leader labels each corner of the room: A, B, C, D.
2. The leader reads the first question and provides the possible answers to go with each corner of the room.
3. Youth choose which corner of the room they go to depending on what they think the answer is.
4. Leader shares the correct answer and repeats the process with each question.

Quiz questions:

1. Approximately how many supermarkets are there in Aotearoa?
Answer: b
a. 2000-2500
b. 3500 - 4000
c. 5000 - 5500
d. 6000
2. What causes food insecurity?
Answer: a, b, c, d
a. Conflict and war
b. Climate change
c. Poverty
d. Food waste
3. What percentage of the global population lives in food insecurity?
Answer: c
a. 4%
b. 9%
c. 12%
d. 20%
4. What is one way food insecurity resulting from the climate crisis can be addressed? **Answer: a**
a. Farmers receive and plant climate resilient seeds
b. Ignore the issue
c. Increasing the use of pesticides
d. Eliminate farming and only rely on food imports



TEACHING

In Isaiah 58, God speaks to His people about what true faith looks like. The people were fasting and performing religious practices, but God tells them that real faith is not just about religious actions. Instead, it is about pursuing justice and caring for people who are struggling.

God describes the kind of life He desires from His people:

"Is not this the kind of fasting I have chosen: to loose the chains of injustice... to share your food with the hungry and to provide the poor wanderer with shelter."

Families in Solomon Islands have always relied on their gardens and fishing for everything they eat. But now, rising seas are flooding gardens. Crops are harder to grow.

Across the Pacific, 1 in 6 children under five are living with serious food shortages – going hungry and missing out on the nutrition they need to grow strong and healthy. God cares deeply about people who are suffering. When people do not have enough food, when families struggle to provide for their children, it matters to Him.

This year's World Vision 40 Hour Challenge is raising money to support communities in the Pacific region who are affected by food insecurity due to the climate crisis. Raising \$98 will give seeds and farming tools so families can feed their children in a changing climate.

ISAIAH 58:6-7



DISCUSSION

What do you think it means for us today to "share our food with the hungry"?

Why do we have a responsibility as Christians to respond to the climate crisis and food insecurity?

In what ways has God called us in our church to respond to those in need, and share what we have?

WHAT NOW?

Sign up for the World Vision 40 Hour Challenge if you haven't already done so and get a World Vision 40 Hour Challenge booklet from your youth leader.

IMPACT STORY

Read the latest impact story in your World Vision 40 Hour Challenge booklet.

JOIN HERE



FAITH IN ACTION

AIM: EXPLORE WHY FAITH IN ACTION IS IMPORTANT AND HOW THE WORLD VISION 40 HOUR CHALLENGE FITS INTO THIS.

ACTION RELAY

Objective: Show how action is a big part of faith.

Aim: Be the first team to put all broken items back together.

Materials:

- Mats/squares/pillows (each team should have 1-2 less than their number of teammates depending on how tricky you want to make it).

Steps:

1. Youth are split into teams of 4-5.
2. The teams start on one side of the room and have to get their whole team to the other side of the room without anyone touching the floor.
3. The teams can only use the mats/squares/pillows provided. If a teammate touches the floor they go back to the start.
4. The first team to make it to the other side wins.

TEACHING

When we were doing the action relay, we had to work together so we could get our teammates across to the other side. Faith is a little like that, working together and taking action.

Practically living our faith is important. Not only does this show God's love to the world around us, but proves to those around us that our faith means something real.

The parable of the sheep and goats teaches how God calls us to care for his people; when we care for his people we are caring for Jesus himself. The rise in food insecurity experienced by children in the Pacific region is unjust and God wants us to do something about it as he calls us to live out our lives with justice.

Taking part in this year's World Vision 40 Hour Challenge is one way we can put faith into action. You will give water to those who thirst, food to those who hunger and shelter to those without.

Brainstorm how we want to do the 40 Hour Challenge; how do we want to go offline?

**READING:
MATTHEW 25:31-40**

DISCUSSION

What do you think it means when we say - 'what we do for the people around us we also do for Jesus'?

What's the longest time you've been offline? How did it feel?

WHAT NOW?

Explore how you want to take part in the challenge.

- Plan out your challenge: will you do 40 hours no social media, 40 hours no phone or maybe even 40 hours no electricity.
- Come up with a fundraising goal, be ambitious!
- Right now, message three people and ask them to sponsor you!

Joel at the A Rocha planting day over the Challenge weekend



KingsWay School's annual fundraising quiz night

